

# Welcome

Testing available for adults 18 and older

*This year, our annual fall health fair is bigger than ever! Included this year is optional testing for Iron, Uric Acid and Vitamin D in addition to A1C (blood sugar testing), TSH (thyroid test), and for men, the PSA (Prostate cancer test). As always, our main test, the General Health Screen, will test 42 different items, including Electrolytes, Renal Function, Blood Counts, and*

For general health fair  
Information or questions

Contact:  
Jim Heringhaus  
heringhausfurniture@gmail.com  
Tom Gustwiller  
tom@gustwillers.com

Or go to  
[www.ottawahealthfair.com](http://www.ottawahealthfair.com)

Prescription Drug Drop-off

Offered by Putnam County Sheriff's Office

**Buffet Breakfast Served  
Devine Interventions**

Pancakes, Sausage Patties, Sausage Gravy and Biscuits, Scrambled Eggs, Ham, Assorted Bagels, Fresh Fruit, Yogurt, Coffee, Tea, Orange Juice, Milk

**12 HOURS OF FASTING  
IS REQUIRED BEFORE  
ANY TEST CAN BE TAKEN**

**NO FOOD OR DRINKS  
(OTHER THAN WATER)**

## Vendors

In the main exhibit area, you will find many health care vendors, with tons of FREE information on a wide variety of health specialties, ranging from, audiology, skin cancer, mental health, cancer, fitness rehab, and many, many, more. Some testing will be available on site, as

## Payment

**We accept cash or check  
Makes checks to: Ottawa Kiwanis  
Sorry, Credit Cards not accepted**

## Testing By



American Health Associates

# Tests

**General Health Screen = Comprehensive Metabolic Panel/  
Hepatic Panel/Renal Panel/Lipid Panel/Complete Blood  
Count – 42 tests \$35.00**

- Sodium
- Potassium
- Chloride
- Carbon Dioxide
- Calculated Anion Gap
- Blood Urea Nitrogen
- Creatinine
- Fasting Glucose
- Estimated Glomerular Filtration Rate
- Calcium
- Albumin
- Albumin /Globulin Ratio
- Total Bilirubin
- Direct Bilirubin
- Alkaline Phosphatase
- Phosphorus
- Total Protein
- AST
- ALT
- Cholesterol
- Triglycerides
- HDL
- Calculated LDL
- Calculated VLDL
- Calculated Cholesterol/  
HDL Risk Ratio
- Calculated LDL/HDL Risk  
Ratio
- White Cell Count
- Red Cell Count
- Hemoglobin
- Hematocrit
- Platelet Count
- Differential (Neutrophil  
Count, Lymphocyte Count,  
Monocyte Count, Eosinophil  
Count, Basophil Count)
- Indices (Mean Corpuscular  
Hemoglobin, Mean Corpuscu-  
lar Volume, Mean Corpuscu-  
lar Hemoglobin Concentra-  
tion, Red Cell Distribution  
Width, Platelet distribution

### OPTIONAL TESTS \*

**PSA TESTS FOR MEN \$40.00** Prostate Specific Antigen: For specific test information go to <http://labtestsonline.org/understanding/analytes/psa/test.html>

**A1C \$15.00** Hemoglobin A1C: For specific test information go to <http://labtestsonline.org/understanding/analytes/a1c/test.html>

**TSH \$25.00** Thyroid Stimulating Hormone: For specific test information go to <http://labtestsonline.org/understanding/analytes/tsh/test.html>

**VITAMIN D \$40.00** For specific test information go to <http://labtestsonline.org/understanding/analytes/vitamin-d/tab/test.html>

**URIC ACID \$15.00** The uric acid test is used to help diagnose the cause of recurrent kidney stones and to monitor people with gout for stone formation. <https://labtestsonline.org/understanding/analytes/uric-acid/tab/test>